

HOW TO IMPROVE THE WON-LOSS RECORD

STRATEGIES AND TACTICS	STRENGTH	WEAKNESS	NOTES
A. QUALITY ATHLETES			
1. Must identify them	<input type="checkbox"/>	<input type="checkbox"/>	
2. Must find them	<input type="checkbox"/>	<input type="checkbox"/>	
3. Need some blue chippers	<input type="checkbox"/>	<input type="checkbox"/>	
4. Players w/ extraordinary determination	<input type="checkbox"/>	<input type="checkbox"/>	
B. QUALITY COACHES			
1. Hiring quality coaches	<input type="checkbox"/>	<input type="checkbox"/>	
2. Working long and hard hours	<input type="checkbox"/>	<input type="checkbox"/>	
3. Great teachers	<input type="checkbox"/>	<input type="checkbox"/>	
C. SUFFICIENT QUANTITY OF ATHLETES			
1. Two-man depth for each position	<input type="checkbox"/>	<input type="checkbox"/>	
2. Create new sub-varsity teams	<input type="checkbox"/>	<input type="checkbox"/>	
D. SUFFICIENT QUANTITY OF COACHES			
1. Specialized coaches	<input type="checkbox"/>	<input type="checkbox"/>	
2. Good ratio of coaches to players	<input type="checkbox"/>	<input type="checkbox"/>	
E. TEAM DURABILITY			
1. Speed, agility and quickness training	<input type="checkbox"/>	<input type="checkbox"/>	
2. Year-long strength program	<input type="checkbox"/>	<input type="checkbox"/>	
3. Nutrition program	<input type="checkbox"/>	<input type="checkbox"/>	
4. Off-season programs	<input type="checkbox"/>	<input type="checkbox"/>	
5. Off-season camps	<input type="checkbox"/>	<input type="checkbox"/>	
F. TEAM ADAPTABILITY			
1. Built around players' strengths	<input type="checkbox"/>	<input type="checkbox"/>	
2. Cross-training	<input type="checkbox"/>	<input type="checkbox"/>	
3. Practice against competitors' strengths	<input type="checkbox"/>	<input type="checkbox"/>	
G. TEAM DEPENDABILITY			
1. Strong discipline	<input type="checkbox"/>	<input type="checkbox"/>	
2. Mutual respect between players and coaches	<input type="checkbox"/>	<input type="checkbox"/>	
H. TEAM BALANCE			
1. Offense	<input type="checkbox"/>	<input type="checkbox"/>	
2. Defense	<input type="checkbox"/>	<input type="checkbox"/>	
3. Special Teams	<input type="checkbox"/>	<input type="checkbox"/>	
I. TEAM QUICKNESS			
1. Strength training	<input type="checkbox"/>	<input type="checkbox"/>	
2. Running drills	<input type="checkbox"/>	<input type="checkbox"/>	
3. Agility drills	<input type="checkbox"/>	<input type="checkbox"/>	

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